



Breakfast Includes:

- Oatmeal or Low Sugar, Whole Grain Cereals
- Fresh fruit or 100% Real Fruit Juice
- Fat-Free or 1% Milk

And your choice of one Breakfast Entrée:

Monday

Hawaiian Sausage Sandwich
Assorted Bagel with Cream Cheese

Tuesday

Assorted Bagel with Cream Cheese
Scrambled Eggs with Potatoes

Wednesday

Breakfast Wrap
Assorted Bagel with Cream Cheese

Thursday

Sausage & Cheese Sandwich
Assorted Bagel with Cream Cheese
Yogurt Bar

Friday

Pizza Bagel
Assorted Bagel with Cream Cheese



Lompoc Unified School District Food Services

Visit our website at: www.lusd.org
or call (805) 742-3351

Manager

Kathy Bertelsen, RD



The USDA is an equal opportunity provider and employer.

The Braves Bistro

May & June



Breakfast Prices

Student Price:	\$1.25
Reduced Price:	Free
Staff Price:	\$1.75

Lunch Prices

Student Price:	\$3.00
Reduced Price:	\$0.40
Staff Price:	\$3.50

Monday & Friday

Buffalo Chicken & Rice Burrito
Bean & Cheese Burrito
Buffalo Chicken Hard Taco
Buffalo Chicken Soft Taco
Nachos

Wednesday

Chicken & Rice Burrito
Bean & Cheese Burrito
Chicken Hard Taco
Chicken Soft Taco
Nachos

Tuesday & Thursday

Chili Cheese Burrito
Beef Hard Taco
Beef Soft Taco
Nachos



Monday & Wednesday

Hot & Spicy Chicken Patty on Wheat Bun
Chicken Patty on Wheat Bun
Chicken Nuggets or Spicy Chicken Tenders & Potato Puffs
Mini Cheeseburger

Tuesday

Hot & Spicy Chicken Patty on Wheat Bun
Chicken Patty on Bun
Spice Rubbed Chicken & Oven Roasted Potatoes
BBQ Pork Rib Patty on Bun

Thursday

Hot & Spicy Chicken Patty on Wheat Bun
Chicken Patty on Bun
Buffalo Chicken with Potato Puffs
BBQ Pork Rib Patty on Bun

Friday

Hot & Spicy Chicken Patty on Wheat Bun
Chicken Patty on Wheat Bun
Hot Meatball Sandwich
Mini Cheeseburger



Monday, Wednesday & Friday

Orange Chicken
with steamed vegetables
and your choice of white or brown rice

Tuesday & Thursday

Asian Pork
with steamed vegetables
and your choice of white or brown rice



Monday & Wednesday
Taco Bar

Tuesday & Thursday
Pasta Bar

Friday

Roast Turkey, Mashed Potatoes & Gravy with Corn

LUSD Summer Food Service Program

Lompoc Unified School District is pleased to announce that our Food Services Department will be offering the Summer Food Service Program during the summer.

The purpose of this program is to make sure that low-income children continue to receive nutritious meals when school is not in session. All children who are 18 years or younger can receive a free lunch (Monday—Friday) during the summer.

The lunch consists of an entrée, vegetable, fruit and a milk—all free of charge!

The program will run during the summer at the following 3 locations: Clarence Ruth Elementary School, Anderson Recreation Center and at the Boys and Girls Club.

Domino's Pizza

Cheese & Pepperoni served daily

Monday & Wednesday

Hawaiian

Tuesday

Sausage

Thursday

Sausage & Olive

Friday

Vegetarian



Monday

Chicken Caesar Salad
Turkey & Cheese Sub
Yogurt Parfait
Veggie Hummus Tray

Tuesday & Thursday

Chicken Caesar Salad
Turkey Ham & Cheese Sub
Yogurt Parfait
Veggie Hummus Tray



Wednesday

Chef Salad
Turkey & Cheese Sub
Yogurt Parfait
Veggie Hummus Tray

Friday

Southwestern Salad
Pastrami & Swiss Sub
Yogurt Parfait
Veggie Hummus Tray

