



Breakfast includes:

- Your choice of One Entrée
- Reduced-Sugar Cereal
- Fresh fruit or 100% Real Fruit Juice
- 1% Milk

Breakfast Entrée Choices

Monday

- Vitamin Fortified Buttermilk Bar
- Breakfast Wrap
- Bagel with Cream Cheese

Tuesday

- Cinnamon Texas Toast
- Sausage & Cheese Sandwich
- Bagel with Cream Cheese

Wednesday

- Breakfast Hot Pocket
- Vitamin Fortified Cinnamon Bun Plus
- Assorted Bagel with your choice of either cream cheese or peanut butter

Thursday

- Whole Grain Mini Muffin
- Whole Wheat Breakfast Burrito
- Bagel with Cream Cheese

Friday

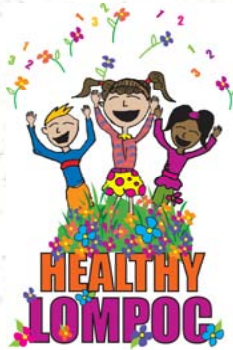
- Breakfast Pizza
- Vitamin Fortified Super Donut

**Lompoc Unified School District
Food Services**

Visit our website at: www.lusd.org
or call Food Services at (805) 742-3351

Food Service Manager
Kathy Bertelsen, RD

Supervisor/Nutrition Specialist
Michelle MacKinnon, RD



The USDA is an equal opportunity provider and employer.

**LUSD
Middle
School
May & June
Menu**




Breakfast Prices

Student Price:	\$1.25
Reduced Price:	Free
Staff Price:	\$1.75

Lunch Prices

Student Price:	\$1.75
Reduced Price:	\$0.40
Staff Price:	\$2.50

May & June

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Southwest Salad Chicken Patty on Bun Cheese Pizza Bean & Cheese Burrito
4 Uncrustable PB & J Taco Nada Chicken Patty on Bun Bean & Cheese Burrito	5 Turkey & Cheese Wrap Macaroni & Cheese Mini Cheeseburgers Bean & Cheese Burrito	6 Deli Sandwich Hamburger or Cheeseburger Pepperoni Pizza Bean & Cheese Burrito	7 Chef's Salad Hot & Spicy Chicken Patty Mozzarella Max Stick Chicken Quesadilla	8 Asian Chicken Salad Spaghetti & Meatballs Cheese Pizza Bean & Cheese Burrito
11 Pizza Hot Pocket Grilled Cheese Oven Fried Chicken & Potatoes Bean & Cheese Burrito	12 Chicken & Cheese Fajita Mini Cheeseburgers Hot & Spicy Chicken Patty Bean & Cheese Burrito	13 Deli Sandwich Pepperoni Pizza Pork Rib BBQ on Wheat Bun Bean & Cheese Burrito	14 Chicken Caesar Salad Pizza Nada Chicken Nuggets & Potato Puffs Ham & Cheese Hot Pocket	15 Southwest Salad Chicken Patty on Bun Cheese Pizza Bean & Cheese Burrito
18 Uncrustable PB & J Taco Nada Chicken Patty on Bun Bean & Cheese Burrito	19 Turkey & Cheese Wrap Macaroni & Cheese Mini Cheeseburgers Bean & Cheese Burrito	20 Deli Sandwich Hamburger or Cheeseburger Pepperoni Pizza Bean & Cheese Burrito	21 Chef's Salad Hot & Spicy Chicken Patty Mozzarella Max Stick Chicken Quesadilla	22 Asian Chicken Salad Spaghetti & Meatballs Cheese Pizza Bean & Cheese Burrito
25 <div style="text-align: center; font-size: 1.2em; font-weight: bold;">Memorial Day</div>	26 Pizza Hot Pocket Grilled Cheese Oven Fried Chicken & Potatoes Bean & Cheese Burrito	27 Deli Sandwich Pepperoni Pizza Pork Rib BBQ on Wheat Bun Bean & Cheese Burrito	28 Chicken Caesar Salad Pizza Nada Chicken Nuggets & Potato Puffs Ham & Cheese Hot Pocket	29 Southwest Salad Chicken Patty on Bun Cheese Pizza Bean & Cheese Burrito
June 1 Uncrustable PB & J Taco Nada Chicken Patty on Bun Bean & Cheese Burrito	2 Turkey & Cheese Wrap Macaroni & Cheese Mini Cheeseburgers Bean & Cheese Burrito	3 Deli Sandwich Hamburger or Cheeseburger Pepperoni Pizza Bean & Cheese Burrito	4 <div style="text-align: center; font-size: 1.2em; font-weight: bold;">Last Day of School Breakfast Only</div>	
Sides				
Salad Cup Baby Carrots	Salad Cup Baby Carrots	Corn Salad Cup Baby Carrots	Beans & Salsa Baby Carrots	Salad Cup Baby Carrots