Foreshortening

To shorten the lines of (an object) in a drawing or other representation so as to produce an illusion of projection or extension in space.
In this Renaissance painting by Montegna the feet appear to come at us in space. To achieve this illusion the lines of the body are shortened more than they would be in real life.
Instructions

• You will draw your hand
• Hold your hand (the opposite of your drawing hand) in a position coming at you in space, like the example shown
• Place a sheet of clear plastic, a transparency sheet works well, balanced on your fingers
• Using a dry erase pen trace your hand onto the plastic, include as many details as you can (wrinkles, nails, shadows…)
• Transfer the dry erase drawing onto a sheet of white paper by flipping the plastic, ink side down, on the paper and rubbing hard with the closed end of the pen or other hard object
• Trace over the light transfer with a pencil
References

• Definition:
  http://www.thefreedictionary.com/foreshortened

• http://faculty.evansville.edu/rl29/art105/img/mantegna_deadchrist.jpg

• http://faculty.evansville.edu/rl29/art105/sp04/art105-15.html

• Hand:
  http://www.bryanray.name/drawing/081024ForeshortenedHand.jpg