

**“Sports, Play and Active
Recreation for Kids”
(SPARK) for Teachers
Grades 3-5**

**Winter Training with
Schel Brown & Kristina Clark**
(For teachers who have not had SPARK training)
February 26-27, 2008
(TBD)
8:00 a.m. – 3:00 p.m.

Applications are posted on our website:
<http://www1.lusd.org/education/curriculum#staffdevelop>

SPARK workshops are FUN, "hands-on," and specially designed to meet the needs of the schools. Participants learn by doing, and become motivated by a dynamic staff of educators. SPARK uses a variety of advanced pedagogical skills to move physical education/activity programs and their teachers forward with a unique, "obesity prevention approach" to instruction. SPARK workshop participants receive carefully selected handouts; motivational prizes earned during the workshop(s), SPARK Certification, a SPARK banner for their school, and are eligible for a unit of credit from San Diego State University (Premium Program only). Additionally, SPARK staff assist in promoting physical activity throughout the day (e.g., before school, during lunch, intramurals, and after school). All planning, organizing, and consultation on any and all physical activity matters is provided as part of any SPARK workshop program.

For more information, please call
Angelica Hernandez at (805) 742-3219, or
Email: hernandezal@lusd.org